

Dear Parent/Carer,

At Lake Haven we value working in partnership with you to support your child's personal development and wellbeing. We are committed to providing high-quality Personal, Social, Health and Economic (PSHE) education that supports your child's development and wellbeing throughout their time with us.

Reviewing our PSHE provision

We are currently reviewing our PSHE curriculum in line with the DfE's updated statutory guidance for Relationships, Sex and Health Education (published 2025, for implementation from September 2026). This is a positive opportunity to bring our curriculum content up to date in a changing world, whilst maintaining our age-appropriate focus on the core knowledge and essential skills that children need to navigate different aspects of their lives with confidence both in and beyond primary school.

At Lake Haven we use Jigsaw, the mindful approach to PSHE, as our comprehensive scheme of work. The programme consists of six half-term units of work, which we call 'Puzzles': Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. Each Puzzle contains six lessons that build progressively through the school.

The updated guidance enhances the Jigsaw programme we already know and trust, rather than requiring radical changes. The strong foundations remain the same - we continue to focus on building the fundamental skills and knowledge children need - whilst ensuring our content reflects the world they are growing up in. As part of our review, we are also considering how we adapt the programme content to best suit the needs and context of our school community.

Attached to this email is an overview of the Jigsaw program for your child's Key Stage.

Working in partnership

We believe that PSHE education is most effective when schools and families work together. Your child's wellbeing, safety and personal development are at the heart of everything we do, and we value your input as we ensure our curriculum continues to meet the needs of our school community.

Invitation to PSHE Curriculum Review Meeting on Thursday 2nd July 2026 6pm

As part of our review process, we warmly invite you to attend a consultation session at school where you will have the opportunity to:

- Learn about the Jigsaw PSHE programme and how it is taught at Lake Haven
- See examples of the materials and resources we use
- Understand how our curriculum meets statutory requirements for Relationships and Health Education
- Ask questions about any aspect of our PSHE provision
- Share your views and feedback to help inform our curriculum decisions
- Understand your right to request withdrawal from specific non-statutory Sex Education lessons
- Chat to other parents about their experiences of supporting a child with SEND and sharing best practices on how to approach various subjects.

We look forward to sharing our provision with you and hearing your views.

Please let us know whether you are able to attend by returning the slip below to Lake Haven Office by Friday 26th June 2026.

Kind regards,

Leesa Paine & Imogen Warwick

PSHE Lead Headteacher

Reply Slip: PSHE Curriculum Review Meeting

Child's name: _____ Class: _____

I will attend the consultation session on 020/7/26

I am unable to attend but would like to arrange an alternative time to discuss the PSHE curriculum

I am unable to attend but have no questions at this time

Parent/Carer name: _____

Signature: _____ Date: _____

